

Lesson 3: The Sabbath

Why did David have to run away into the wilderness?

- Because God was going to cleanse him there to make him king
- Because King Saul was trying to kill him
- Because he had murdered a man and was fleeing justice
- Because the city was just too loud

What was the name of the book in the Bible that has a lot of David's poems about God?

- Ecclesiastes
- Psalms
- Nehemiah
- Genesis

Why was the Sabbath commandment such good news for the Israelites?

- They had just defeated the Amalekites and needed a break
- They had been slaves in Egypt for 400 years and never got a day of rest
- They had been taught breaks are for losers their whole lives
- They only had six days in their week before, and now they would have seven

What are the two ways that we "honor the Sabbath and keep it holy?"

What is one way you can honor the Sabbath if you are not able to go to church services?